Be-you-tifully Aligned Member Live Class Registration Process

Step 1 Go to www.jillgaumont.com

Step 2 Click REGISTRATION LINKS

BEYOUTIFULLY ALIGNED

ABOUT REGISTRATION LINKS ONLINE YOGA ONLINE PRIVATE SESSIONS SUBSCRIBER ONLY CONTENT

Step 3 Click on one of the class options

Realignment Yoga (Monday, Wednesday, Thursday AM & Thursday PM)

1 hour 15 minutes @ CA\$10.00

Group Realignment Yoga via Zoom

This class focuses on alignment and restorative exercise. Great for all ages.

Upon confirmation of your registration you will receive a link to the class via email



Hatha Strength Tuesday Mornings

1 hour 15 minutes @ CA\$10.00 Group Realignment Yoga via Zoom

This class takes alignment to the next level. Adding weight and resistance to the exercises from Realignment Yoga. Great for all ages. Upon confirmation of your registration you will receive a link to the class via email.

Hatha Strength 1 hr Thursday Evenings 1 hour @ CA\$10.00 A slightly shorter version of the morning Hatha Strength Class

Step 4 If you are a member Click Redeem Coupon or Package

Realignment Yoga (Monday, V	Vednesday, Thursday AM & Thursday PM)	
1 hour 15 minutes @ CA\$10.0	0	
Group Realignment Yoga via	Zoom	
This class focuses on alignme	ent and restorative exercise. Great for all ages.	
Upon confirmation of your re	gistration you will receive a link to the class via email	
your time zone to continue:		
your time zone to continue:		

Step 5 Members Only: Enter your email & click apply, then click Set Time Zone If you are not a member, just click Set Time Zone



Set your time zone to continue:

(GMT-6:00) Mountain Time - Edmon 💙

Set time zone

Set time zone

Be-you-tifully Aligned Member Live Class Registration Process

Step 6 Once you set the Time Zone a calendar will appear. If you click Add a Time... it will add one class. If you click Recurring... you can add multiple weeks at the same time.



(GMT-6:00) Mountain Time - Edmonton change

Step 7 Fill in Name, Phone Number, Email (If you are a member the email will autofill), click apply and complete appointment.

Realignment Yoga (Monday, Wednesday, Thu May 10, 2021 at 9:15am May 17, 2021 at 9:15am May 34, 2021 at 9:15am June 7, 2021 at 9:15am June 14, 2021 at 9:15am June 21, 2021 at 9:15am June 28, 2021 at 9:15am <u>e Change</u>	ursday AM & Thursday PM)
Name *	
First Name	Last Name
Phone *	
Email *	

Be-you-tifully Aligned with Jill Gaumont Mailing List

Thanks so much for joining us in the Be-you-tifully Aligned Online Studio. Stay up to date on classes and workshops by joining our mailing list, we promise not to overwhelm your inbox. Be well.

Jill	
Do you want to join our mailing list? *	
Code or Email	
.y	
Apply	
Complete Appointment »	

If you have any difficulty registering please call or text 780-903-3244.